

GEAR'D UP!



Are you ready for May?



[May is Bike Month](#) is a campaign where we celebrate our local bike culture and encourage new and experienced riders to replace their car trips with bike trips. The average car trip to run errands is 1–3 miles. This is a distance easily bikeable by people of all skill levels.

Bicycling saves you money and time, plus it's good for the environment, great for your wellbeing, and supports bike advocacy in your region long-term!

Help us help you, your city, and the environment by [logging your rides manually](#) or with the [Love to Ride app](#) this May.

Big Day of Giving is May 1 – Donate to SABA!

On May 1, [Big Day of Giving](#) celebrates Sacramento's nonprofits that are working to make our community a better place to live. Please [donate to SABA](#) and support worthwhile projects like **May is Bike Month** which help make Sacramento a healthier and happier place to live.

We are also looking for donations to support **Community Bike Shop**, teaching young neuro-diverse adults the basics of bike repair and business skills; **50 Bikes for 50 Kids** that matches donated bikes and helmets to students in low-income neighborhoods; and **Bike Education Classes** that teach adults how to ride a bike.

Some Sacramento area neighborhoods are disproportionately burdened by poor air quality, public health impacts, and high rates of traffic injuries and fatalities. SABA works to alleviate these problems by advocating for improved infrastructure and helping more people get on bikes instead of using cars.



Upcoming Events in April

Check our [calendar](#) for fun events happening in April, many related to Earth Day.

- o West Sac Earth Day – April 19
- o Social ride – Hanami Cherry Blossom viewing – April 20
- o CSUS Earth Day – April 22
- o Trails in Bloom – April 26
- o Sacramento Earth Day – April 27

Volunteer with SABA! Fun Opportunities!

There are numerous opportunities to help out SABA, especially with May is Bike Month coming up. In April, you can volunteer at West Sacramento Earth Day, CSUS Earth Day, Trails in Bloom, and ECOS Sacramento Earth Day.

Check the [SABA events calendar](#) or visit SABA's [volunteer site](#) to see everything that is happening this spring.

April Volunteer Spotlight: Greg Schroeder

Raised in southern California, I graduated from Fresno State with a BS in dairy science and spent my career working at a private business in Sacramento. While I have always enjoyed cycling, I became a much more active cyclist after joining the Sacramento Wheelmen in 1994. Belonging to a cycling club opened an entirely new world for me. Along with the club rides, I also discovered the joy of loaded touring

and met my current wife, Sherrill. After retiring, my cycling increased as did the amount of time I was able to spend time with our nine grandchildren.

I became a SABA volunteer mechanic because a friend, Dennis King, kept telling me I should come to a few of the repair events and give it a try. At my first repair event I attended, I became hooked. A new chapter in my life started. All the SABA mechanics made me feel welcomed and were extremely supportive. I now especially enjoy mentoring new mechanics. It allows me to pass on to them what was freely given to me.



All of the SABA bike mechanics are awesome. There is an enormous amount of knowledge and great camaraderie among the mechanics which makes it all worthwhile and rewarding for me.

Cycling and Public Transportation in the News

- [SB 720 and What You Need to Know about Red Light Cameras](#) by Streets are for Everyone, April 16, 2025: This legislation is co-sponsored by SABA. Studies have found that cities with red light safety cameras saw a 21% reduction in fatal red light running crash rates.
- [Sacramento police will ticket cyclists and pedestrians with safety grant money](#), by Ariane Lange, Sacramento Bee, April 14, 2025: The Sacramento Police Department plans to spend \$33,660 of a road safety grant to issue targeted citations to cyclists and pedestrians, public records show.
- [New Data Sheds Light on Caltrans Projects](#), by Laura McCamy, CalBike, April 1, 2025: CalBike has reviewed the data, which showed Caltrans was reluctant to install protected bikeways while installing more paint-only bikeways.
- [Start the Presses: Bikes, busses and the politics of transportation](#), by Dan Evans, *Napa Valley Register*, April 4, 2025: We can't achieve our climate goals without giving people real, reliable alternatives to driving alone.

Ongoing events around town



SABA Bike Valet provides convenient, secure, no-cost bike parking at **Golden 1 Center** events. Find us near *Urban Outfitters*.

To reduce wait times, scan the QR code and digitally sign in while you stand in our queue.

Bike Valet provides bike parking at many Sacramento events.

Check our [events calendar](#) for Valet-supported events.

We're growing and hiring! If you have passion and interest in making the world a better place through bicycles, then we want to hear from you!

Bike Valet

Our Bike Valets are the heart and soul of SABA. We take care of your bike so you can attend an event or a market without worrying about whether your bike will be there when you get back to it.

We could use some more great people who believe in SABA's mission for Bike Valet. So, please [shoot us an email](#).

Bike Mechanics

Our set of bike mechanics are the envy of town.

Basic knowledge is necessary, but everyone is constantly learning on the job and getting better together.

[Find out more!](#) Come learn by doing and earn some dollars too.



If you can't make it to our events, you can still support SABA today and become an advocate for safe streets.

We're working for commuters, recreational riders, students, and seniors.

We're working for YOU.

Become a [SABA supporter](#) and help us continue offering programs like social rides, bicycle classes, bike valet, and *Ride Ready Repair* services.

Support our efforts to make the Sacramento region a safer place for **everyone** to ride!

JOIN SABA

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Gear'd Up is proudly presented to you with support from our friends at [REI Co-Op](#), [Washington Commons](#), [Centene](#), [Metro Air Park](#), [Capitol Yards](#), and [Sacramento Wheelmen](#).

Find out how your organization or business can help make Sacramento the best place to ride a bike. [Join us!](#)

nonprofit organization.
Your donation is tax-deductible.



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